

Walks and activities for everyone

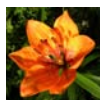


We offer two different tours, enabling you to enjoy an area rich in culture, touch and taste the farming environment, and learn how human activity shapes and preserves the environment.

Starting from the large fruit farms set on the alluvial plain, within a few miles we climb into the mountains. We'll cross vineyards and orchards set on hillsides warmed by the sun. In the mountains we will discover how, despite the steep and wild terrain, people lived off the land through the centuries. Along the way we'll be welcomed at small farms and crofts, where we will taste local produce and see farmers at work. This is not an area of stately buildings or grand baroque churches but of small museums, picturesque villages, surrounded by breathtaking scenery, and friendly farmers. Here you will learn about our people, our land, our heritage; for although it is a small area, it can boast huge biodiversity, dramatic history and long-established connections with Europe beyond the Alps.

So come and visit us and let yourself be transported by an enjoyable multisensory experience...to the gates of Italy!

The Guide



Silvia. Having gained degrees in agriculture and biology, Silvia now owns the family farm on which she grew up. She has a small vineyard, an orchard, fruit bushes and runs a market garden. She guides groups for the Waldensian museums and historic sites Committee. She has many years' experience in leading groups and organizing activities for adults and children, in Italian, French and English.

Suggested programmes :



VITE TOUR 9am: meet at Cascina Gardiol
Introduction: elements of local winegrowing

- Setting off, visit to the Cooperative wine press and cellar
- Transfer to Prarostino with activities en route
- Visit to Favé's farm with tasting of local produce
- The Viticulture museum
- On to Pomaretto: observations and activities
- 1pm: Sampling of local produce in a farm-based trattoria
- Tour around the unique mountainside Ramie vineyards
- Traditional mountain life and crafts miniatures display followed by a choice of either
 - a longer, more detailed Ramie wine trail or
 - getting to know the Waldensian
- 5,30-6pm: comments and conclusions, end of visit



TERROIR TOUR 9am: meet at Cascina Gardiol
Introduction: elements of local agriculture

- The **plain**, its scenery, farms and orchards
- Setting off, visit to the Cooperative wine press and cellar
- Visit to Favé's farm with tasting of local produce
- The **hill**: observations and activities,
- 1pm: Sampling of local produce in a local restaurant
- Agriculture, livestock breeding and pasture in the **mountains**
- historic Waldensian sites
- 5,30-6pm: comments and conclusions, end of visit

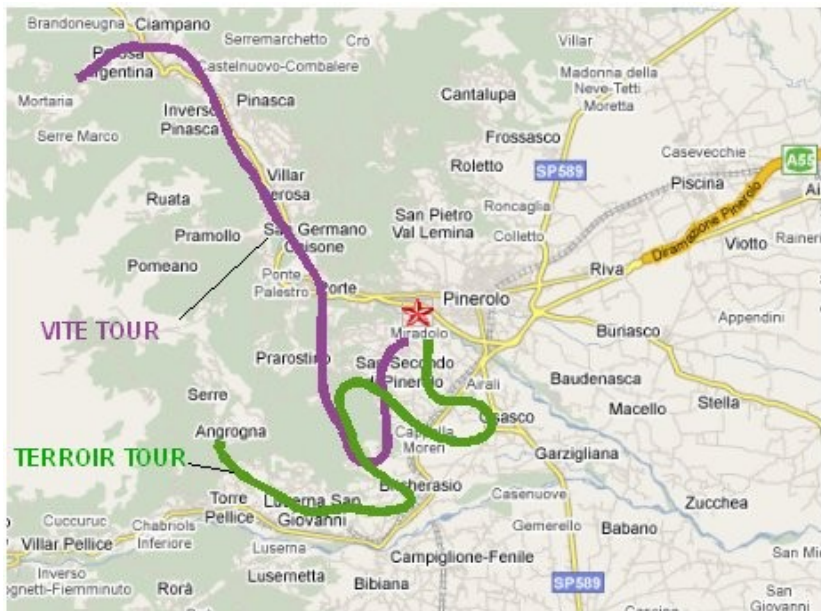
ADVICE AND TECHNICAL HINTS

Visits include short walks which are not difficult but please wear comfortable shoes and bring a waterproof jacket.

The suggest timetable may be modified to suit group needs by agreement (please specify when booking).

The tours are intended for groups of 8-35 people. Larger groups need to be agreed in advance.

On the Terroir Tour you may participate in cheese making, (Additional cost 15€ per group, provided you book one week in advance).



PRICES

(Per adult, including aperitif, lunch, guide and entrance to museums and historic sites).
There are discounts for groups of more than 25 people, for families and for children.

- 15 or more people: € 31
- 8-14 people: € 35
- 2-7 people: 64-36€

You can either come with your bus/car or ask the farm to rent a vehicle locally.



Waldensian museums

Azienda Agricola Gardiol

Via Chiesa di Miradolo 3
San Secondo di Pinerolo (TO)
Tel: 0121 502005 - 500621
Cell: 340 8791646
Email: silvia.gardiol@tiscali.it
Website: http://webalice/silvia_claude/CascinaGardiol



**Guided tours to discover
a cosy corner of Piedmont, its
traditions and culture:
agriculture, hearty local food,
an ancient Protestant minority...**



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